

GHY Japan

International Conference 2026



About GHY

About GHY



GHY (Global Health Youth) is a four-day international conference tackling social issues, led by students from the University of Tokyo.

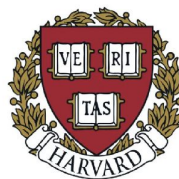
- 1 Students from global universities, including Harvard and NUS, will participate.
- 2 Leading entrepreneurs and professors across diverse fields, including healthcare, take the stage.
- 3 Submit policy recommendations that reach decision-makers in Japan and beyond.



Conference Overview

Target Audience	Students from top global universities: ~200 total.
Objective	Empowering the next generation of health and social leaders.
Dates	August 27th to 30th, 2026 (4 days).
Location	The University of Tokyo (Komaba Campus) and other locations.
Format	In-person format consisting of ①Lectures, ②Fieldwork, and ③Discussions.
Fee	Delegate fee waived (normally \$200). Travel and accommodation not included.

Main Affiliated Universities of Participants



Harvard University



The University of Tokyo



National University of Singapore



China Medical University

Programme Structure

Participants will actively engage and acquire new insights through lectures, fieldwork, and discussions. Ultimately, these outcomes will culminate in policy recommendations.

Lectures



Gain global perspectives from expert lectures.

Fieldwork



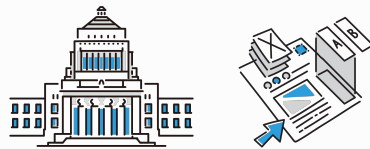
Explore practical challenges via corporate visits.

Discussion



Drawing from lectures and fieldwork, participants will exchange ideas and compile a final report.

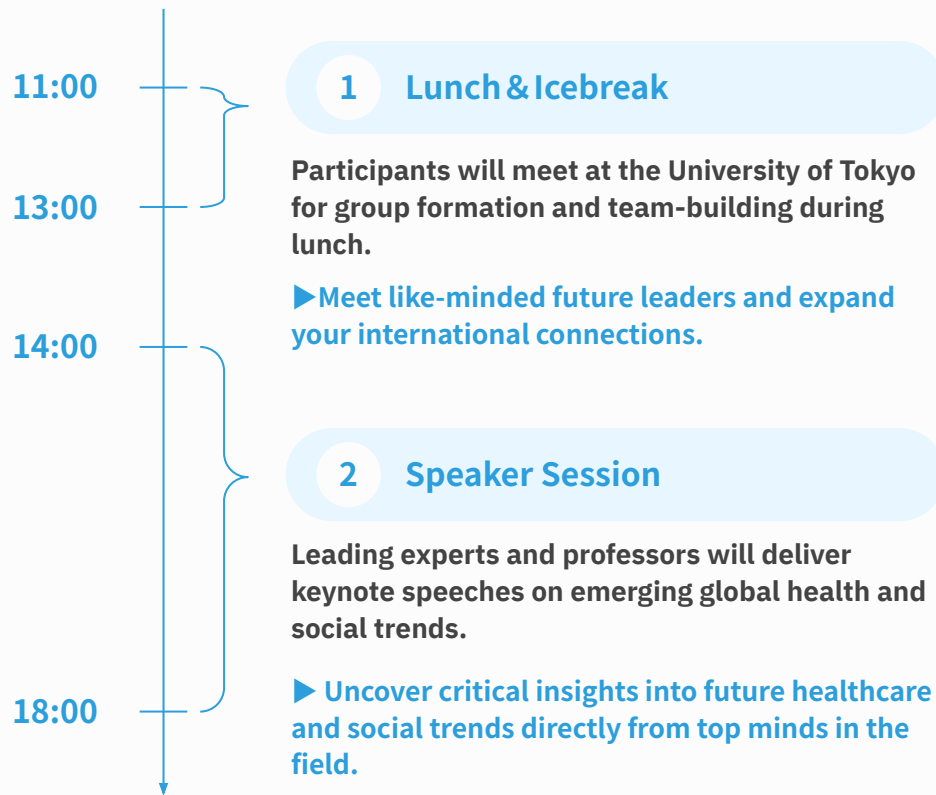
Policy Recommendations



Submitting concrete youth perspectives to governments and global organisations.

Programme Overview

Day 1 Core Activities



Day 2 Core Activities

12:00

3 Fieldwork

Delegates will visit organisations dedicated to the SDGs and medical support, gaining practical insights into real-world frontline challenges.

► Experience the environments where solutions are actively developed and interact with experts conducting cutting-edge research.

18:00



Day 3 Core Activities

11:00

4 Discussion

Delegates will form teams for intensive discussions, exchanging cross-border perspectives to draft concrete policy recommendations.

► Dive into dynamic, cross-border discussions to develop actionable solutions with a diverse network of future leaders.

18:00



Day 4 Core Activities

11:00

5 Presentation

Teams will present their Day 3 policy recommendations to key decision-makers, culminating the programme with actionable, youth-driven initiatives.

15:00

► Gain the profound, hands-on experience of drafting and submitting a formal policy proposal.



Our Vision

Theme of the Conference

Beyond Boundaries:

Reimagining Health Across People, Societies, and the Planet for a Sustainable Future

- ✓ How can we reshape global cooperation on health in an age of multipolarity and flux?
- ✓ What roles can youth play in transforming how we think and act on health?
- ✓ What can past successes and failures in addressing health challenges teach us as we redesign policy ahead?

Four Key Approaches to the Theme

Sustainability

Whose Prosperity Counts?: Balancing Human Security, Economic Development, and Environmental Sustainability

Education

From Awareness to Action through Education: Reframing Health from Human-Centred to Planet-Inclusive

Governance

Equitable Global Cooperation for the Health of All: Navigating Competing Interests and Building Shared Responsibility

Transdisciplinarity

Connecting Knowledge to Collective Action: Co-creating Health across Disciplines, Sectors, Generations

The Significance of Our Initiative

Multidisciplinary Approach



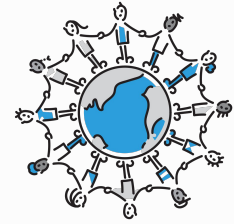
We tackle social issues from multifaceted perspectives, crossing fields such as medicine, economics, law, and engineering.

Youth-Driven Perspectives



Led entirely by students, we bring fresh perspectives and lived realities of our generation to global health debates.

Global Network



Through HPAIR 2025 and our broader initiatives, we unite a powerful network of young leaders from institutions worldwide.

Our roots: About UTokyo Diligent



Purpose

Expand career horizons for UTokyo students.
Empower UTokyo students to tackle social issues.

Establishment

April 2023

Members

1000 students

Activities

International Exchange, Regional Revitalisation,
Entrepreneurship Support, Career Development

Recent Milestones

HPAIR 2025

Overview

A Harvard-hosted international conference, brought to Japan for the first time in 11 years.

Scale

Over 500 participants and more than 20 guest speakers.

Key Achievements

- Exchanged views with the President of Timor-Leste.
- Exchanged views with Ambassador Sibi George of India.
- Engaged in discussions regarding health and labour policies with former Digital Minister Taro Kono.
- Submitted official policy recommendations to the Ministry of Foreign Affairs.



Message from the Organising Committee



Hello! My name is Harune Takeshita, President of the GHY Japan International Conference 2026!

Last year, I helped bring HPAIR, one of Asia's leading student-led conferences, to Japan and was **deeply inspired by the talent of the delegates gathered from around the world**. That experience made me want to start GHY Japan 2026, a place where the next group of students can have the same kind of discussions, right here in Tokyo.

This August, we will spend four days rigorously addressing pressing global challenges, such as planetary health, **alongside peers from Harvard, NUS, and other leading institutions**.

Few opportunities bring together this combination of institutions around a single, focused agenda on health. Join us for an unforgettable summer of collaboration and discovery.

Contact Details

Email

global.health.youth.japan@gmail.com

Organising Body

UTokyo Diligent

Official Links



Mailing List

