

Restarting Research Activities

When faculty members, students, and research fellows restart their research activities using their laboratories and/or student rooms on campus, the following measures must be observed.

A. In general

- (1) Monitor your health (including your body temperature) daily. If you have a high fever, loss of taste or smell, tiredness, and other cold-like symptoms, stay home and never come to school.
(Take necessary measures and e-mail <intcul-covid-19@grp.tohoku.ac.jp>.)
- (2) When you meet others, wear a facemask.
- (3) Wash and disinfect your hands frequently.
- (4) Ventilate your laboratory.
- (5) Use web-meeting apps or the phone when you need to talk to others.
- (6) Bring your lunch and drink. Never cook in the university buildings. Avoid eating with other people in the same room. If it is inevitable, allow plenty of distance (at least 2m) and do not sit face to face.
- (7) Avoid using public transportation. If it is inevitable, avoid rush hours, wear a facemask, and have plenty of distance to others.
- (8) Try not to use elevators to avoid being in closed space and sharing the button.

B. When more than one person uses a room

- (1) Avoid the situation where more than one person stays at the same room at the same time. Supervisors or department heads manage when their students enter and leave their laboratories. Staggered working hours are recommended.
- (2) When it is inevitable that more than one person uses the same room simultaneously, allow plenty of distance (at least 2m) between them, wear facemasks, and ventilate the room.
- (3) Avoid sharing computers and other equipment. Anything touched by more than one person should be disinfected. Use paper towels with disinfectant solution.
- (4) When leaving your lab, disinfect anything you have touched. Use paper towels with disinfectant solution.

C. When faculty members use their laboratories by themselves

- (1) Take the measures in A (1-8), mentioned above.

- (2) Submit the “Application for entrance to facilities on campus” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention in advance every day when you come to school.
- (3) Keep a record of when you enter and leave your laboratory.
- (4) Submit the “Checklist for COVID-19 Prevention” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention before the first day of every month.

D. When faculty members let their students and/or research staff come to campus

- (1) The faculty member who is the leader of the team (henceforth, the leader) requires all his/her students/research staff to take the measures in A (1-8) and B (1-4).
- (2) Each member of the team needs to submit the “Application for entrance to facilities on campus” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention in advance every day when he/she comes to school.
- (3) Make and share the list of contact information (E-mail addresses and phone numbers) of all the lab members.
- (4) Keep a record of when each member enters and leaves the laboratories (so that we can track who was where from what time to what time on which day).
- (5) The leader needs to submit the “Checklist for COVID-19 Prevention” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention before the first day of every month.

E. When students and fellows use their department’s student rooms

- (1) The faculty member who is the head of the department the students/fellows belong to (henceforth, the department head) requires all of them to take the measures in A (1-8) and B (1-4).
- (2) Every student or fellow needs to submit the “Application for entrance to facilities on campus” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention in advance every day when he/she comes to school.
- (3) Make and share the list of contact information (E-mail addresses and phone numbers) of all the students/fellows in the department.
- (4) Keep a record of when each student/fellow enters and leaves the student room (so that we can track who was where from what time to what time on which day).
- (5) The department head needs to submit the “Checklist for COVID-19 Prevention” form (in the Google form format) to our graduate school’s Headquarters for COVID-19 Prevention before the first day of every month.