Warning on Alcohol Consumption

■ Do not drink alcohol if you are under the legal drinking age. Do not provide alcohol to minors. Do not allow minors to drink.

In addition to psychological issues, alcohol consumption by minors causes damage to the brain and liver and can lead to sexual dysfunction. Drinking alcohol by those under the legal drinking age (20 years old in Japan) is therefore prohibited under Japanese law. Adults who knowingly fail to prevent minors from drinking alcohol may be charged with a crime. Please refrain from creating opportunities for minors to drink. For example, if you are having an event that will be attended by underage students, please do not provide alcohol at that event.

■ Do not participate in/enable coerced drinking (alcohol-related harassment) or "chugging."

Coercing, or even just encouraging, others to drink could result in criminal or civil charges against you. If you are involved in a death related to alcohol poisoning, you could be charged with manslaughter. Respect the right of others to moderate their own drinking pace.

If you find a drunk, passed-out person:

- Never leave them alone. Be responsible and make sure they receive care. (Accompany them at all times, even if they need to use the toilet or return home.)
- Cover them with a blanket to keep them warm.
- Loosen clothing to make them comfortable.
- Turn them on their side to prevent asphyxiation if they vomit; if they do begin to vomit, leave them in that position.

If you attempt to drag them into an upright position, the vomit can become lodged in the esophagus causing asphyxiation. Allow them to remain on their side so that the vomit will naturally exit the mouth, preventing asphyxiation.



Call an ambulance immediately if:

- The person's temperature drops and their whole body is cold to the touch.
- They do not respond, even if you call their name or shake them.
- They appear to be having trouble breathing or are snoring very loudly.
- Foam or a large amount of blood is coming from their mouth.

If they do not respond, even if you call their name or shake them, they may be comatose and in danger of dying. Any hesitation in getting medical attention could result in their death. Call an ambulance immediately.

