

## Warning on alcohol consumption

**Do not drink alcohol if you are under the legal drinking age (20 in Japan). Do not provide alcohol to minors. Do not allow minors to drink around you.**

In addition to mental health issues, alcohol consumption by minors may cause damage to the brain and liver and lead to sexual dysfunction. It is therefore prohibited under Japanese law.

Adults who knowingly fail to prevent minors from drinking alcohol may be charged with a crime.

**Do not participate in or enable coerced drinking (alcohol-related harassment) or *ikki nomi* (chugging).**

-Pressuring, or even just encouraging, others to drink could result in criminal or civil charges against you.

**You are under no obligation to drink to "be polite," even if an older student or person in a position of authority urges you to do so. Do not be afraid to firmly refuse.**



**If you find a drunk, passed-out person:**

**-Do not leave them alone. Be responsible and make sure they receive care.**

**-Stay with them. Even if they need to use the toilet, accompany them.**

**-When they return home, do not allow them to go alone.**

**-Loosen clothing to make them comfortable.**

**-Cover them with a blanket to keep them warm.**

**-Turn them on their side to prevent asphyxiation in the event that they vomit.**

**-If they vomit, allow them to do so while lying on their side.**

If you attempt to drag them into an upright position, the vomit can become lodged in the esophagus causing asphyxiation. Allow them to remain on their side so that the vomit will naturally exit the mouth, preventing asphyxiation.



**Call an ambulance immediately if:**

**-The person's temperature has dropped and their whole body is cold to the touch.**

**-The person does not respond, even if you call their name or shake them.**

**-They appear to be having trouble breathing.**

**-They are snoring very loudly.**

**-Foam or a large amount of blood is coming from their mouth.**

If they do not respond, even if you call their name or shake them, they may be comatose and in danger of dying. Any hesitation in getting medical attention could result in their death. Call an ambulance immediately.

**Tohoku University students can receive priority admission to Tohoku**

**University Hospital in some cases.** Bring your student ID card, and ask the

medical responders to take you and the ill person to Tohoku University Hospital.

