The Center for Career Support provides a wide variety of assistance in the fields of career options, job-finding, and career building. Various assistance programs are conducted year-round. From their 1st year, students can participate in seminars and counseling that will enable them to clarify their future career options.

Services Offered

**Bulletins/Information**
We distribute announcements, publications, and information bulletins related to job-finding, career changes, international students, disabled students, mass communication seminars, certifications, on/off-campus seminars, and various pamphlets/subscription materials (applications).

**Printed Materials**
Students can browse various materials, such as books, and newspapers. We have assembled a variety of materials to support job-finding activities, such as books on industries, professional jobs, and reference materials/sample questions for the SRF and civil servant exam. Materials can be borrowed for up to one week.

**Job Offers**
Students can use our file of job offers, application guidelines, and company information (e.g., printed materials sent by businesses and organizations).

**Information Search**
This service was created specifically for job-finding activities (job offer searches, etc.). Students can use Career Notes to determine a given career’s suitability for them.

**The latest information can be found on our website**
http://www.career.he.tohoku.ac.jp

**Mailing List**

Students can register their e-mail addresses to receive early notification from the Center for Career Support about various consulting sessions and seminars, on-campus part-time work, and home-tutoring work opportunities.

**Sign up here!**

Tohoku University Center for Career Support

[Job Offers and Internship Information]

Students can search and review information on the Student Affairs Information System, under “Career Support.”

**Access Map**

The latest information can be found on our website

http://www.career.he.tohoku.ac.jp

@tohokucareer

Tohoku University Center for Career Support

980-8576 Sendai-ku, Aoba-ku, Sendai 980-8576
TELEPHONE: 022-795-7770
FAX: 022-795-4705
E-mail: support@bureau.tohoku.ac.jp

Hours: Weekdays, 8:30-18:30

The Center for Career Support Innovative Leaders Platform provides career assistance for postdoctoral and doctoral course students who are seeking employment.

It fosters individuals who are able to generate innovation based on the high-level expertise and skills they acquired in their research departments, and doctorate-holders capable of becoming immediately assets.

**Support Program for Doctoral Students**

**Innovation Generation Seminar**
A seminar on creativity that enables students to acquire problem-finding, problem-solving skills, and know-how.

**Mid/Long-Term Internships**
We assist with finding mid-long-term internships at domestic and foreign businesses and research institutes.

**Career Path Support (Individual Counseling)**
Specialist staff provide support for relevant career paths through individual counseling.
Tohoku University Career Support Program

All programs are conducted in Japanese only

*B=Bachelor’s Program, M=Master’s Program, D=Doctor’s Program

Implementation Model for the Career Support Program

**STEP1**
Consider student life, career options
- Provide chances to clarify goals and objectives for student life in order to use time effectively, deepen interest in the professional world

**STEP2**
Learn about yourself
- Learn methods for narrowing down motivations and interests from various perspectives, clarify the concepts of professionalism and values

**STEP3**
Learn about society/work
- Deepen understanding of work and society in the context of career-building via seminars given by socially active professionals

**STEP4**
Prepare to search for a job
- Necessary preparations for job-finding activities, including understanding the employment environment, how to find a job, basic business manners needed to seek employment, how to fill out entry sheets (applications), job interviews, etc.

Career/Job Fairs
- Provide information on career options/employment and/or opportunities for students to meet with businesses, invite businesses/government organizations to on-campus events

B1/B2, 1st Term
- Conduct support seminars covering general job-finding activities for students in their final year of university

B1/B2, 2nd Term
- Review preparations needed for job-finding and foster practical skills for job screenings

B3/M1, 1st Term
- Workshops on restarting, business seminars etc.

B3/M1, 2nd Term
- Bring together broad perspectives and human resources to foster young doctoral graduates who will be active in industry, and support their career paths

B3/M1, Spring Vacation

Start of Recruitment Activities/Announcements

Job-Finding/Annual Support

Workshops

Support for Doctoral Students

**FY 2015 Year-Round Support Program Schedule**

<table>
<thead>
<tr>
<th>Eligible Years</th>
<th>B1~B2</th>
<th>B3/M1 and Above</th>
<th>B1~B2</th>
<th>B3/M1 and Above</th>
<th>B1~B2</th>
<th>B3/M1 and Above</th>
<th>B3/M1 and Above</th>
<th>B4/M2 and Above</th>
<th>B4/M2 and Above</th>
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</thead>
<tbody>
<tr>
<td>Apr.</td>
<td>Labor Law: Part-time work</td>
<td></td>
<td>Thinking about the future</td>
<td></td>
<td>Self-Assessment Basics</td>
<td></td>
<td>Liberal Education Subject: &quot;Students and Society&quot;</td>
<td></td>
<td>How to search for a job</td>
</tr>
<tr>
<td>May</td>
<td>Liberal Education Subject: &quot;Life/Career Design 1: Thinking about University Life&quot;</td>
<td></td>
<td>How to spend summer vacation</td>
<td></td>
<td>Industrial Research Basics</td>
<td></td>
<td>How to search for a job</td>
<td></td>
<td>Self-Assessment Application</td>
</tr>
<tr>
<td>Jun.</td>
<td>Thinking about continuing to graduate school and employment options</td>
<td></td>
<td>Industrial Research Application</td>
<td></td>
<td>Self-Assessment Application</td>
<td></td>
<td>Industrial Research Application</td>
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<td>Self-Assessment Application</td>
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<tr>
<td>Jul.</td>
<td>Learn/think about job selection</td>
<td></td>
<td>Liberal Education Subject: &quot;Life/Career Design 2: Self-Assessment (This 5th period)&quot;</td>
<td></td>
<td>Liberal Education Subject: &quot;Life/Career Design 2: Self-Assessment (This 5th period)&quot;</td>
<td></td>
<td>Starting the Job Search</td>
<td></td>
<td>Labor Law/Social Security</td>
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<tr>
<td>Aug.</td>
<td>Working Women</td>
<td></td>
<td>Industrial Research: Learning about the workplace from the employees</td>
<td></td>
<td>Advanced Seminar: &quot;Modern Society through the Eyes of the Mass Media&quot;</td>
<td></td>
<td>Business (Job-Seeking) Manners</td>
<td></td>
<td>Manners/Attitude for Entering the Workforce</td>
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<td>Sep.</td>
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<td></td>
<td>&quot;Life/Career Design 2: Self-Assessment (This 5th period)&quot;</td>
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<td>Advanced Seminar: &quot;Mass Media Leads the Way to Tohoku’s Future&quot;</td>
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<td>Preparing Entry Sheets</td>
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<td>Business Manners</td>
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<td>Nov.</td>
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<td>Advanced Seminar: &quot;Modern Society through the Eyes of the Mass Media&quot;</td>
<td></td>
<td>Industrial Research Application</td>
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<td>Career/Job Fairs</td>
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<td>Group Discussion, etc.</td>
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<td>Dec.</td>
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<td>Industrial Research Application</td>
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<td>Self-Assessment Application</td>
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The Center for Career Support conducts individual counseling on career options/employment, plans and executes seminars for specific goals/objectives, collects/provides information related to job offers/career-building, and provides surveys and assistance related to careers in general. The implementation model for the Career Support Program is described below. Please review the overall structure of the year-round support program implemented by the Center for Career Support so that you can plan a suitable student life and make preparations for the future.